



SEA & SHORE SAFETY SERVICES LTD



“HAPPY VALLEY”, GLENAMUCK ROAD, DUBLIN18, IRELAND .

Course booking form

Offshore ISA/ISAF Personal Survival Techniques

Name:													
Address:													
Telephone:													
Date of Birth:				Course Date:									
Course location:													
Emergency Contact details:	Name:			Relationship:			Contact number:						
Emergency Contact details:	Name:			Relationship:			Contact number:						

Candidate should be in possession of or have available on board the following Publications

			<u>Please tick</u>	
			<u>YES</u>	<u>NO</u>
Precourse requirements	• ISAF Offshore Special Regulations			
	• ISAFRRS (The Racing Rules of Sailing)			
	• International Regulations for the Prevention of Collision at Sea			
	• Admiralty Summary of Notices to Mariners (NP 247)			
	• IAMSAR (International Aeronautical and Maritime Search and Rescue) manual, or manual for small craft (in preparation).			
	• First Aid at sea (Justins and Berry, published Adlard Coles) or equivalent			
	• Course Notes on Sea Survival			
Knowledge of	• ALRS (Admiralty List of Radio Signals) Volume 5 GMDSS (NP 285)			
	• SOLAS (Safety of Life at Sea Convention) Consolidated Edition			
	• International Life – Saving Appliance (LSA) Code			
	• International Medical Guide for Ships (WHO)			

Please note:	You will be required to complete a health declaration at the beginning of the course. Any concerns you may have should first be discussed with your own medical advisor before attempting course. Sea and Shore Safety Services Ltd reserves the right to require a certificate of medical fitness from your doctor before participation on the course.
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